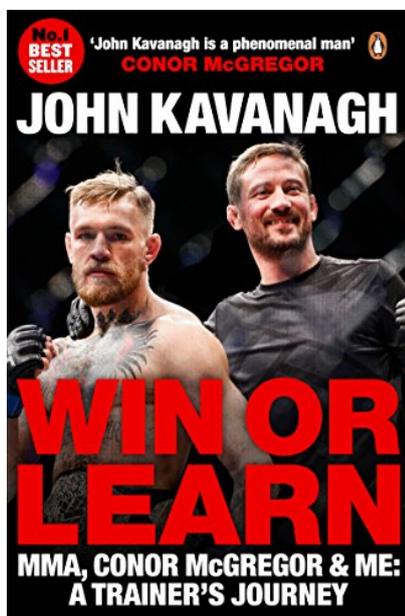


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by John Kavanagh : **Win or Learn: MMA, Conor McGregor and Me: A Trainer's Journey**

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PDF-e7089 | Growing up in Dublin, John Kavanagh was a skinny kid who was frequently bullied. After suffering a bad beating when he intervened to help a woman who was being attacked, he decided he had to learn to defend himself. Before long, he was training fighters in a tiny shed, and promoting the earliest mixed-martial arts events in Ireland. And then, a cocky young lad called Conor McGregor walked into his... *Win or Learn: MMA, Conor McGregor and Me: A Trainer's Journey*

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